

ESCNJ
Breakfast
PRDS - March 2024

March 1 - March 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Strawberry Applesauce Cup -1/2c Orange Juice - 4 oz. W/G Frosted Mini Wheats - 1oz. W/G Banana Muffin-2 oz. Milk-8 oz.
4 Fresh Pear-1 Multi Grain Cheerios Cereal -1 oz Apple Breakfast Bar - 1 Milk-8 oz.	5 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Cinn. Toasters Cereal-1 oz. W/G Graham Crackers-3pk Milk-8 oz.	6 Fresh Pear-1 Honey Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	7 Fresh Apple-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.	8 Fresh Pear - 1 W/G Strawberry Poptart-2pk Milk-8 oz.
11 Fresh Apple-1 W/G Corn Chex Cereal-1 oz. W/G Graham Crackers-3pk Milk-8 oz.	12 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Frosted Flakes-1 oz. W/G Vanilla Bear Grahams-2pk Milk-8 oz.	13 Fresh Pear-1 W/G Poffitz Pancakes - 1 Milk-8 oz.	14 Peach Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Superdonut-2 oz. Milk-8 oz.	15 Fresh Apple - 1 Multi Grain Cheerios Cereal-1 oz. Apple Breakfast Bar-1 Milk-8 oz.
18 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Fruit Loops Cereal-1 oz. W/G Graham Crackers-3pk Milk-8 oz.	19 Fresh Apple-1 W/G Frosted Flakes Cereal - 1 oz. W/G Corn Muffin-2 oz. Milk-8 oz.	20 Fresh Orange - 1 W/G Croissant with Margarine-1 Milk-8 oz.	21 Fresh Pear - 1 W/G Plain Bagel with Cream Cheese - 1 Milk-8 oz.	22 Fresh Apple - 1 W/G Superdonut-2 oz. Milk-8 oz.
25 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Strawberry Poptart-2pk Milk-8oz.	26 Fresh Orange-1 W/G Honey Scooters Cereal-1 oz. W/G Chocolate Bear Grahams-2pk Milk-8 oz.	27 Fresh Pear-1 W/G Croissant with Margarine-1 Milk-8oz.	28 Diced Pear Cup - 1/2c. 100% Grape Juice - 4oz. W/G Rice Krispies - 1oz. W/G Banana Muffin - 2oz. Milk-8 oz.	29 SCHOOL CLOSED SPRING RECESS

"This institutions an equal opportunity provider". "El USDA es un proveedor y empleador que ofrece igualdad de oportunidades".

March 1 - March 31

ESCNJ
Lunch (9-12)
PRDS - March 2024
What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Macaroni & Cheese - 8oz. Broccoli Florets-1c. Fresh Orange - 1 Whole Grain Bread - 1 Milk-8 oz.
4 W/W Chicken & Cheese Quesadillas - 2 Mixed Vegetables - 1c. Fresh Apple - 1 Milk-8 oz.	5 All Beef Hamburger on a Whole Wheat Bun-1 Red Kidney Beans-1c. Fresh Pear - 1 Milk-8 oz.	6 Beef Meatloaf w/ Ketchup-3 oz. French Fries - 1c Wheat Dinner Roll - 1 Fresh Banana-1 Milk-8 oz.	7 Turkey Ham & Cheese on a Whole Grain Kaiser Roll-1 Sliced Carrots - 1 1/c. Fresh Apple - 1 Milk-8 oz.	8 W/W 3x5 Cheese Pizza - 2 Romaine Salad w/ Dressing-2c. Fresh Orange - 1 Milk-8 oz.
11 Chicken Burger on a Whole Wheat Bun-1 Green Beans-1c. Fresh Orange-1 Milk-8 oz.	12 Beef Meatballs Parmigiana on W/G Sub Roll-1 Diced Carrots-1 1/4 c. Fresh Apple-1 Milk-8 oz.	13 W/G Popcorn Chicken-3.8 oz. W/ Sweet & Sour Sauce Seasoned Diced Potatoes - 1c. Whole Grain Bread - 1 Fresh Orange-1 Milk-8 oz.	14 Terryaki Beef Dippers -4 Vegetarian Beans-1c. Fresh Banana - 1 Wheat Dinner Roll - 1 Milk-8 oz.	15 Macaroni & Cheese - 8oz. Broccoli Florets-1c. Fresh Orange - 1 Whole Grain Bread - 1 Milk-8 oz.
18 Chicken Fingers-3 Black Beans - 1c. Fresh Orange-1 Whole Wheat Dinner Roll -1 Milk-8 oz.	19 Beef Nachos with Cheddar Cheese Sauce-6 oz. Cold Corn Cup - 1c. W/G Tortilla Scoops-1 oz. Fresh Pear - 1 Milk-8 oz.	20 BBQ Beef Riblet on Wheat Hamburger Bun - 1 Seasoned Diced Potatoes - 1c. Fresh Orange-1 Milk-8 oz.	21 Cheese Lasagna w/ Meat Sauce-5 oz. Green Beans - 1c. Whole Grain Bread - 1 Fresh Banana-1 Milk-8 oz.	22 Tony's Pizza - 4.5oz. Romaine Salad w/ Dressing-2c. Fresh Orange - 1 Milk-8 oz.
25 Chicken Fingers-3/4 c. Corn -1c. Whole Grain Bread - 1 Fresh Orange-1 Milk-8 oz.	26 All Beef Hamburger on Whole Wheat Bun - 1 Black Beans-1c. Fresh Pear - 1 Milk-8 oz.	27 Chicken Meatballs w/ Teriyaki Sauce - 3oz. Oriental Mixed Vegetables - 1c. Fresh Apple - 1 Wheat Dinner Roll - 1 Milk-8 oz.	28 W/G Fiesta Beef & Cheese Wrap-1 Celery Sticks w/Dip - 1c. Fresh Banana - 1 Milk-8 oz.	29 SCHOOL CLOSED SPRING RECESS

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